## We make Faster Athletes!



Your first high speed training program!

Call 269-552-2250 to Schedule

## See the Difference!

With Tuff Tread high speed training, our athletes notice big changes...





- 2 Tenths off 40yd Dash
- 2" Vertical Jump Gain
- Enhanced 1st Step Quickness & Acceleration
- 2X Foot Speed Quickness
- Core & Hip Strength Development
- Injury Prevention

Valid thru 12/31/2024

3025 Gull Road, Kalamazoo MI 49048







